

## Solution 9

1. (a) Start with the expression

$$S = \frac{1}{\sqrt{2}} \left( \sqrt{1 + \hat{\mathbf{b}} \cdot \hat{\mathbf{z}}} - i \frac{\hat{\mathbf{b}} \times \hat{\mathbf{z}} \cdot \boldsymbol{\sigma}}{\sqrt{1 + \hat{\mathbf{b}} \cdot \hat{\mathbf{z}}}} \right) = T_1 + T_2, \quad (1)$$

where  $T_1, T_2$  are the two terms above and  $\hat{\mathbf{b}} = \mathbf{B}/B$  is a unit vector giving the local direction of the magnetic field

$$\mathbf{B} = (\alpha x - \beta zx/2)\hat{\mathbf{x}} + (-\alpha y - \beta zy/2)\hat{\mathbf{y}} + (B_0 + \beta(2z^2 - x^2 - y^2)/4)\hat{\mathbf{z}}, \quad (2)$$

with

$$B = B_0 + \frac{1}{2}\beta(x^2 + y^2 + z^2) \quad \implies \quad \nabla B = \beta \mathbf{r} = \beta(x \hat{\mathbf{x}} + y \hat{\mathbf{y}} + z \hat{\mathbf{z}}). \quad (3)$$

Next, using the definition

$$\mathbf{A} = S(\nabla S^\dagger), \quad (4)$$

we can say that

$$\mathbf{A} = (T_1 + T_2)(\mathbf{T}_3 + \mathbf{T}_4), \quad \mathbf{T}_3 = \nabla T_1, \quad \mathbf{T}_4 = \nabla T_2^\dagger. \quad (5)$$

From (2) we see that (will use notation  $r = 0$  instead of  $x = y = z = 0$  below)

$$T_2|_{r=0} = 0 \quad \text{due to} \quad \hat{\mathbf{b}} \times \hat{\mathbf{z}} \cdot \boldsymbol{\sigma} = b_y \sigma_x - b_x \sigma_y, \quad \text{and} \quad b_y|_{r=0} = b_x|_{r=0} = 0. \quad (6)$$

It is easy to see that the numerator in  $T_2$  doesn't cancel out in combination with  $\mathbf{T}_3$  or  $\mathbf{T}_4$ , thus we have  $T_2 \cdot \mathbf{T}_3|_{r=0} = T_2 \cdot \mathbf{T}_4|_{r=0} = 0$ .

On the other hand,

$$T_1 \mathbf{T}_3 = \frac{1}{2} \sqrt{1 + b_z} \nabla \left( \sqrt{1 + b_z} \right) = \frac{1}{4} \nabla b_z = \frac{1}{4} \left( \frac{\nabla B_z}{B} - B_z \frac{\nabla B}{B^2} \right), \quad (7)$$

and using (3) where  $\nabla B|_{r=0} = 0$  and from (2)  $\nabla B_z|_{r=0} = 0$  we get  $T_1 \cdot \mathbf{T}_3|_{r=0} = 0$  as well. The only term left to evaluate in the definition of  $\mathbf{A}$  (4) is

$$T_1 \mathbf{T}_4 = \frac{i}{2} \sqrt{1 + b_z} \nabla \left( \frac{b_y \sigma_x - b_x \sigma_y}{\sqrt{1 + b_z}} \right) = \frac{i}{2} \left[ -\frac{(b_y \sigma_x - b_x \sigma_y) \nabla b_z}{2(1 + b_z)} + \nabla (b_y \sigma_x - b_x \sigma_y) \right]. \quad (8)$$

Using already obtained  $\nabla b_z|_{r=0} = 0$ , and similarly (from (2) and (3)) deriving  $\nabla b_x|_{r=0} = \alpha \hat{\mathbf{x}}/B_0$  and  $\nabla b_y|_{r=0} = -\alpha \hat{\mathbf{y}}/B_0$ , we arrive at the final result

$$\mathbf{A}|_{r=0} = -i \frac{\alpha}{2B_0} (\sigma_y \hat{\mathbf{x}} + \sigma_x \hat{\mathbf{y}}). \quad (9)$$

(b) Considering the Hamiltonian

$$H = -\frac{\hbar^2}{2M}(\nabla + \mathbf{A}) \cdot (\nabla + \mathbf{A}) - \mu B \sigma_z, \quad (10)$$

we have the  $\mathbf{A}$  involved terms

$$2 \mathbf{A} \cdot \nabla + \nabla \cdot \mathbf{A} + \mathbf{A}^2.$$

Using definitions (1) and (4) one can show that  $\nabla \cdot \mathbf{A} = (\alpha^2/2B_0^2 - 3\beta/4B_0)I$  ( $I$  is an identity matrix), which gives  $\nabla \cdot \mathbf{A} = 0$  for  $\alpha = \sqrt{3B_0\beta/2}$ . Anyway,  $\nabla \cdot \mathbf{A} + \mathbf{A}^2 = -(3\beta/4B_0)I$ , is a diagonal term that does not contribute to spin flip. Thus, we can use the expression for  $\mathbf{A}$  as in (9) to get

$$H_{flip} = -\frac{\hbar^2}{2M} 2 \mathbf{A} \cdot \nabla = i \frac{\hbar^2 \alpha}{2MB_0} (\sigma_y \frac{\partial}{\partial x} + \sigma_x \frac{\partial}{\partial y}). \quad (11)$$

2. Our goal is to calculate

$$\Gamma = \int d^3k \frac{V}{(2\pi)^3} \frac{2\pi}{\hbar} |\langle \Psi_{\mathbf{k}} | H_{flip} | \Psi_i \rangle|^2, \quad (12)$$

where  $\Psi_i, \Psi_{\mathbf{k}}$  are the initial and the final states correspondingly.

Using results from last homework, we have

$$\Psi_i = \Psi_i(\mathbf{r}) | \downarrow \rangle = \left( \frac{\lambda}{\pi} \right)^{3/4} e^{-\lambda r^2/2} \begin{pmatrix} 0 \\ 1 \end{pmatrix}, \quad E_i = \frac{3\hbar^2 \lambda}{2M} + \mu B_0, \quad (13)$$

where  $\lambda = \sqrt{\mu\beta M}/\hbar$ , and the final states are

$$\Psi_{\mathbf{k}} = \Psi_{\mathbf{k}}(\mathbf{r}) | \uparrow \rangle = \frac{e^{i\mathbf{k}\mathbf{r}}}{\sqrt{V}} \begin{pmatrix} 1 \\ 0 \end{pmatrix}, \quad E_{\mathbf{k}} = \frac{\hbar^2 k^2}{2M} - \mu B_0. \quad (14)$$

Using initial (spin-down) and final (spin-up) spin states we get

$$\langle \uparrow | \sigma_x | \downarrow \rangle = (1 \ 0) \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} = 1, \quad (15)$$

$$\langle \uparrow | \sigma_y | \downarrow \rangle = (1 \ 0) \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 \\ 1 \end{pmatrix} = -i. \quad (16)$$

This leaves us with the expression

$$\langle \Psi_{\mathbf{k}} | H_{flip} | \Psi_i \rangle = \frac{-i\hbar^2\alpha}{2MB_0} \left(\frac{\lambda}{\pi}\right)^{\frac{3}{4}} \int d^3r \frac{e^{i\mathbf{k}\mathbf{r}}}{\sqrt{V}} \lambda (-ix + y) e^{-\lambda r^2/2}, \quad (17)$$

where putting  $d^3r = dx dy dz$  and  $\mathbf{k}\mathbf{r} = k_x x + k_y y + k_z z$  and we arrive at

$$\langle \Psi_{\mathbf{k}} | H_{flip} | \Psi_i \rangle = \frac{-i\hbar^2\alpha}{MB_0} \left(\frac{\pi}{\lambda}\right)^{\frac{3}{4}} \sqrt{\frac{2}{V}} e^{-k^2/2\lambda} (k_x + ik_y), \quad (18)$$

or using spherical coordinates for  $\mathbf{k}$

$$|\langle \Psi_{\mathbf{k}} | H_{flip} | \Psi_i \rangle|^2 = \frac{2}{V} \left(\frac{\hbar^2\alpha}{MB_0}\right)^2 \left(\frac{\pi}{\lambda}\right)^{\frac{3}{2}} e^{-k^2/\lambda} k^2 \sin^2 \theta, \quad (19)$$

From here we see that the angular distribution of the particles emitted from the trap does not depend on the angle  $\varphi$ , but on  $\theta$  only.

Evaluating the integral

$$\int_0^{2\pi} d\varphi \int_0^\pi \sin^3 \theta d\theta = \frac{8\pi}{3}$$

we get

$$\Gamma = \frac{2\pi}{\hbar} \int \frac{V d\Omega}{(2\pi)^3} \left[ k^2 \left| \frac{dk}{dE_k} \right| |\langle \Psi_{\mathbf{k}} | H_{flip} | \Psi_i \rangle|^2 \right]_{k=k(E_i)} = \frac{4}{3} \frac{\hbar\alpha^2 \sqrt{\pi} k^3 e^{-k^2/\lambda}}{MB_0^2 \lambda^{3/2}} \quad (20)$$

Or introducing notations

$$\hbar\omega_s = \hbar\sqrt{\frac{\mu\beta}{M}}, \quad \hbar\omega_f = 2\mu B_0, \quad \frac{\hbar^2 k^2}{2M} = \hbar\omega_f,$$

and remembering that  $\lambda = \sqrt{\mu\beta M}/\hbar$ , and  $\alpha = \sqrt{3B_0\beta/2}$ , we get

$$\Gamma = 8\sqrt{2\pi\omega_s\omega_f} e^{-2\omega_f/\omega_s}, \quad (21)$$

which in its turn gives

$$\tau = \frac{1}{\Gamma} = \frac{1}{8\sqrt{2\pi\omega_s\omega_f}} e^{2\omega_f/\omega_s}. \quad (22)$$